

## Drinking unworthy – 1 Corinthians 11:27-29

**27 So anyone who eats this bread or drinks this cup of the Lord unworthily is guilty of sinning against the body and blood of the Lord. 28 That is why you should examine yourself before eating the bread and drinking the cup. 29 For if you eat the bread or drink the cup without honoring the body of Christ, you are eating and drinking God's judgment upon yourself.**

**“But if we were more discerning with regard to ourselves, we would not come under such judgment.”**

Communion is two-fold. By taking the elements we are remembering what Jesus did for us, and we are also looking forward to dining with Him in Heaven some day because of what He did for us.

In 1 Corinthians 11 it says:

**Lord Jesus took some bread 24 and gave thanks to God for it. Then he broke it in pieces and said, “This is my body, which is given for you. Do this to remember me.”**

Let us partake of the bread together.

It also says

**25 In the same way, he took the cup of wine after supper, saying, “This cup is the new covenant between God and his people—an agreement confirmed with my blood. Do this to remember me as often as you drink it.” 26 For every time you eat this bread and drink this cup, you are announcing the Lord's death until he comes again.**

Let us partake of the cup together.