

C.H.U.R.C.H. - Adult Guide

C is for Communion & Prayer

Day 1 - Acts 2:42,46

The believers after they were baptized, repented, and filled with the Holy Spirit, they shared meals together. How many of you can **get on board with that?!**

There is a power in sharing a meal together...

- First off... depending on the size of your crew you are likely to have some **great cooks** in the mix.
- Second... everyone gets to contribute something and enjoy others **receiving the gift** of their contribution.
- Third... the **greatest conversations** often happen around food. That's the way God seemed to design the whole thing.

Communion is super important to the body of Christ

- This action that is named after two words put together - **"Common" + "Union"** it symbolizes what draws us all together in unity.

Read what Jesus has to say about himself in John 6:30-63.

Read and Study, Journal, or Discuss with Spouse/Friend

Day 2: 1 Corinthians 11:17-26

Communion accomplishes **THREE** important things:

It lays before the sacrifice of Jesus continually to humble us.

- In the **OT days** they had to watch their prized goat or bull be sacrificed innocently because of what they did.
- Today, the OT sacrificial system has been satisfied by Jesus, but communion is a way to put before us the innocence of Jesus costing Him life because of our choices.
- The wages of sin are death.

It draws the Body together in unity.

- Paul addresses this in 1 Corinthians 11
- The Church in Corinth had a lot of issues, and one of them were division.
- They actually took things that were supposed to be holy and fought over them.

Read: Matthew 5:23-24

It's accountability.

- Taking communion often causes you to consistently examine your heart and reconcile the differences you have with God and with man.
- In service we hear the Gospel, but in communion we show and proclaim the Gospel.

1 Corinthians 11:27-34

Read and Study, Journal, or Discuss with Spouse/Friend

Day 3: Acts 2:42

Prayer is a huge part of this as well.

When people pray together they stay together.

A praying church is a united church.

There is no time to bicker, complain, and fight with each other when we are praying for each other's needs.

When you ask people for prayer, it's a great way to get a **window into their soul and lives.**

For some of you that feels scary, and that's why you don't ask for prayer often. To ask for prayer is an incredibly personal thing. BTW, no where in the Bible does it say "**pray for your unspoken**" requests. An **unspoken prayer request** is not a Biblical thing. Just say what it is... you can still leave out personal details that would distract or reveal information that is sensitive, but be as specific as you can.

Further Study:

• Matthew 26:26-29 • 1 Corinthians 10:16-17 • Acts 20:7 • Isaiah 53:5 • John 6:35 • 1 Peter 3:18 • Luke 22:19-20